Washington Newsletter Edition, May 2024



Tech Trends in Healthcare

According to Exploding Topics, an advisory business for large companies such as Microsoft and Google, there are some key emerging health trends for 2024 and 2025

There is a significant rise in Americans pursuing self-care utilizing healthcare apps and wearables such as fitness trackers. Hot trends include skin care, the importance of proper sleep for brain health, intermittent fasting and probiotics for gut health. On the more revolutionary side of healthcare is the use of Robotics and Al.

Medical Robots:

- Over 7.2 million procedures have been performed with medical robots, enhancing precision in surgeries, biopsies, rehabilitation, and disinfection.
- Surgical robots improve accuracy, reduce infections, and enable quicker recovery by making precise, button-sized incisions.
- Rehabilitation robots use Al and cameras to monitor and coach patients, providing precise progress tracking.
- Robots assist in hospital rounds, taking patient vitals, and sanitizing rooms.

Al in Healthcare:

- Funding for healthcare AI startups has surged, with Komodo Health receiving \$220 million for healthcare tracking maps.
- All helps save costs, with Norwell Health reporting \$11K savings per patient by reducing readmissions.
- Al applications include early disease detection, improved radiology accuracy, cancer care collaboration, minimally invasive surgery guidance, drug discovery and telemedicine.
- The future of Al in healthcare promises a shift to personalized, data-driven disease management, improving patient outcomes and cost-efficiency.

The ten-year prediction for the benefits of using Al in healthcare, will be a shift from the traditional one-size-fits-all form of medicine to a preventative, personalized, data-driven disease management model that achieves improved patient outcomes, contributing to a more cost-effective delivery system.



Did You Know, May is National...

Arthritis Awareness Month Better Sleep Month Mental Health Awareness Month **National Walking Month** Women's Health Awareness Month



Upcoming Events in June

June 1 - Sept. 28 **Winery Concerts** Chateau Ste. Michelle, Woodinville, WA

Indigenous People Festival Seattle Center, Seattle, WA

June 14 - 16 Mariners vs. Texas Rangers T-Moblile Park, Seattle, WA

June 15 Camp Long Mountain Fest Climb, rappel, family-friendly Seattle, WA

June 22 - 23 Washington Brewers Festival 80+ brewers, food Seattle Center, Seattle, WA

Note: Check official websites and venues for details.





Exploring the Role of Color in Healthcare Office Furnishings

Color is a powerful tool in healthcare design, influencing the mood and functionality of office spaces. Here's how different color schemes can enhance the healthcare environment through office furnishings:

- 1. Creating a Serene Atmosphere: Neutral tones like soft grays and warm beiges promote a sense of calmness and cleanliness, essential for reducing stress levels among patients and staff.
- **2.** Adding Vibrancy with Accents: Strategic pops of color, such as blues, greens, or earthy tones, can inject vitality into clinical spaces without overwhelming the senses. Consider incorporating colorful accent chairs or artwork to enliven waiting areas.
- **3. Evoking Nature's Healing Properties:** Nature-inspired palettes, including shades of green and blue, evoke the tranquility of the outdoors, fostering a healing atmosphere. Furniture finished in wood tones or textured surfaces can further enhance this connection to nature.
- **4. Tailoring Spaces for Comfort:** Customizable furnishings offer versatility to meet the diverse needs of patients and healthcare providers. From ergonomic chairs to modular seating solutions, personalized options promote comfort and well-being.

By understanding the impact of color on office furnishings, healthcare facilities can create environments that support healing, relaxation, and positive experiences for all occupants.

Healthcare Design Inspiration





Furniture featured: Reception (top left) Deskmakers – Overture & Convergence, OFS – Sladr chair | Waiting Room (top right) OFS – Rowen tables, Rowen credenza, Roo – coat rack, planter stand, Roo – layered table, Cosima – sofa, Rowen – lounge w/arms, Carolina – Ansel.





Furniture featured: Patient Room (bottom left) Kimball – Alterna, Behnti stool, Kimball – Stool, Greer | Medical Touchdown Station (bottom right) Kimball – Workable Wall Organization, National – Picado, Kimball – Alterna desk unit, OFS – Room Pod.